

INTEGRATED WELLNESS



FAMILIES CHOICE
HOME CARE

Safety

Our holistic approach to home care provides a customized plan for reaching each patient's optimal wellness. We look at the 5 key factors: nutritional, emotional/social, safety, physical and mental for integrated wellness planning. Our staff have been trained to execute our comprehensive plan of care so that the most favorable results can be achieved. Home Care believes that the keys to wellness are in all activities of daily living. We offer specialized planning for neurological disorders, heart disease, cancer, stroke and diabetic patients.

Mental Exercise

1. Customized exercise to promote left and right brain activity
2. Memory exercise
3. Music and art therapy
4. Specialized activity planning for disease state management

Nutritional Plan

1. Whole foods
2. Supplements
3. Proper hydration
4. Special diabetic planning
5. Specialized Menu Planning for disease state management



Physical Exercise

1. Walking to wellness plan
2. Individual exercise plans
3. Holistic approach to physical, speech and occupational therapy
4. Specialized planning for neurological and muscular diseases/injuries

Emotional/Social

1. Planned social activities
2. Family communication & support
3. Using the web to stay connected
4. Pet & children therapy
5. Thoughtful and loving services designed to keep patient happy

Learn More

Do you or someone you love need extra help in certain areas? This doesn't need to threaten or diminish independence.

Senior care isn't one-size-fits-all. Our caregivers know how to maintain the balance between accommodating changes while maintaining continuity.

Change can be difficult. When it comes to in-home care, you want to feel confident in your decision. Families Choice Home Care will change your life—for the better.

Scan for a
Free Assessment

