# Senior Home Care Assistance and Services



Families Choice Home Care is the perfect solution for seniors and others in need who require support to remain at home. Many individuals experience illness or chronic conditions and aren't ready to leave their home for an institutional setting.

We enhance our clients' quality of life by providing compassionate, one-on-one senior home care services. Our personalized and affordable services are available 7 days a week. They can range from a few hours a day, to 24 hour livein care.

# Flexible Care Options

Families Choice Home Care offers home care assistance in a variety of settings:

- Private residences
- Assisted living facilities/communities
- Hospitals, skilled nursing facilities, and rehabilitation centers.

Our highly qualified and trained caregivers are ready to help you and your loved ones with the activities of daily living. Services include:

# Light Housekeeping

- Dust
- Vacuum
- Clean kitchen
- Organize closets
- Change the linen
- Light laundry
- Light ironing

# Light Personal Care

- Medication reminders
- Monitor bathing
- Grooming monitoring
- Dressing monitoring
- Transfers

#### Sleep-Over Services

- Stay awake overnight
- Breakfast meal preparation

#### Miscellaneous

- Meal preparation
- Companionship
- Conversation
- Read together
- Games and puzzles
- Arts and Crafts
- Cook together
- Watch TV
- Pet Care
- Mend clothes
- Answer the phone

#### Errands & Transportation

- Organize closets
- Change the linen
- Groceries and shopping
- Pick up prescriptions
- Movie events
- Dine out for meals
- Drive to family
- Handle dry cleaning
- Stamps, mail packages
- Attend church services
- Home Maintenance

### **Extended Services**

This type of care includes more extensive assistance services, including those listed above, as well as:

- Medication reminders
- Bathing assistance

- Grooming assistance
- Dressing assistance
- Extensive transfers
- Live-in assistance

### Assessment Process

We know that every client is unique. That's why we conduct an in-depth assessment process. It allows us to custom tailor our services to meet your specific needs.

To initiate the assessment process, we meet with you, your aging loved one, and your families. We'll talk over lifestyle, medical conditions, and health care requirements. Topics we might cover during this meeting include:

- The range of services we offer
- Matching with the right caregiver
- Daily routines
- Health, medication, and nutrition concerns and issues
- Home cleaning challenges
- Transportation
- Service cost

Once we have covered these things together, we can evaluate the scope of care that you or they might need. We will develop a care plan that gives peace of mind to every member of your support network and care team.

# **Our Caregivers**

Families Choice Home Care caregivers provide trusted, highquality care to older adults. These individuals are

- Well trained
- Highly qualified
- Carefully selected and screened
- Bonded
- Insured

Our caregivers are trained to facilitate independence and to offer helpful companion care.

# Companion Aide and Hospice Companion Aide Certified

We don't just screen for people who are friendly, honest, and caring to be our caregivers. Once hired, we provide our care professionals with in-house developmental opportunities to improve their caregiving skills. With Families Choice Home Care, you are hiring reliable industry professionals who are among the most skilled in their field.

Families Choice Home Care caregivers have exclusive access to Certified Companion Aide (CCA<sup>®</sup>) and Certified Hospice Companion Aide (CHCA<sup>®</sup>) training programs. The CCA<sup>®</sup> designation indicates elevated skills, knowledge, and industry status. It confers on them the highest standards of caregiver professionalism.

Caregivers can more effectively assist patients and hospice nurses with end of life care through education on death and dying. CHCA<sup>®</sup> specialized training program was specially-designed by a hospice nurse. Training recipients are more prepared for the emotional toll that accompanies caring for the terminally ill.

So, in addition to their own considerable professional experience, we regularly train our caregivers through stateof-the-art curricula. As a result, Families Choice Home Care caregiving professionals are guaranteed to continue setting the bar for community home care.

### Learn More

Do you or someone you love needing extra help in certain areas? This doesn't need to threaten or diminish independence.

Senior care isn't one-size-fits-all. Our caregivers know how to maintain the balance between accommodating changes while maintaining continuity.

Change can be difficult. When it comes to in-home care, you want to feel confident in your decision. Families Choice Home Care will change your life–for the better.

#### Scan for a Free Assesment

